

**Imposter Syndrome: Further reading and resources**

• *The Imposter Phenomenon: Overcoming the fear that haunts your success* (Pauline Rose Clance)

• *Pursuit of perfect* (Tal Ben-Shahar)

• *Presence* (Amy Cuddy)

• Article: [*Imposter Syndrome: Let’s talk about it*](https://www.redarbre.com/single-post/imposter-syndrome-talk-about-it)(N Bhaiwala)

• Article: [*How is the BAME experience of Imposter Syndrome different?*](https://www.redarbre.com/single-post/how-is-the-bame-experience-of-imposter-syndrome-different)(N Bhaiwala) • Video clip: <https://www.youtube.com/watch?v=ZQUxL4Jm1Lo>

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